

## DePugh Spring Fling Reflection

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“Respect your elders” is an axiom that is often forgotten by today’s teenage and young adult generation. Our society has become fixated on the glamour and allure of youth and as a result those who have been on this Earth the longest are overlooked. In honor of our elders J.U.M.P. hosted an event to celebrate the coming of

2008’s spring season and the friendship between elders and a group of young adults from Rollins College.

It was one of many gatherings between the residents at DePugh, members of J.U.M.P., and eager community service activists. The “Spring Fling” festivities consisted of decorating flowerpots and planting their own special flower to have in their room, snacks, and several rounds of bingo with prizes for the winners. Throughout the celebration, students and residents conversed and spent time together. After the festivities, the students that came to the event planted over 50 flowers in the nursing home’s backyard garden for the residents to enjoy for the rest of the spring season.

Even though it was only my second time having visited the DePugh Nursing Home, the best part was that the residents I met the first time around remembered me. It means so much to the residents when people come to visit them and it makes an even larger impact when visitation is on a regular basis. Our elders are precious gems in our world and should be treated as such. So the next time you feel yourself getting caught up in the glamour of life just remember that there are many that have come before you and that there are more important things in life than youth.

